

March 2024

Art, Successes, Baby massage, Volunteering, Conquer for a Cause, Golf, Duckies and more



The children are learning so much about themes, colours, shapes, and more, all whilst finetuning their motor skills. They just love their wonderful art classes, and only just the other day they made caterpillars!

Here is a truly heartfelt, success story of why we do what we do. Please read on. Written by Ulen Afrika, our ever so committed Social Worker, Volunteer coordinator and newly elected Board Member.

Dear readers,

Today is a day filled with joy and happiness as we share our success stories with you. We understand that often we are confronted with the heartbreaking tales of children who have experienced abuse, neglect, and maltreatment.

However, we want to focus on the positive and let you know that we are here to support and help these vulnerable children.

We are thrilled to inform you about two children who have been under our care. After a tremendous amount of effort, one of them has successfully been placed with a foster family who will provide him with a loving home. We extend our warmest wishes to the foster parents and hope that they create a bright future for the child.

In another wonderful story, a child has been reunited with his mother. This accomplishment required a great deal of dedication and hard work, and we are also delighted to see the child placed in a special school where their growth and development can flourish.

Due to confidentiality, we cannot share all the details, but we want you to know that we are grateful for the positive outcomes these children have experienced.

We firmly believe that all the children in our care will have successful discharge plans and that their paths will be blessed. We also want to express our gratitude to everyone who has played a role in supporting these children, as your contributions are invaluable. To our dear readers, we hope that your hearts are as full of joy as ours are.

Please know that by simply reading this and supporting us, you are making a significant impact on the lives of these children. Your support goes a long way, and we are incredibly thankful for it.

Did you know:

Being a volunteer includes constant up-skilling and training.

Here are some volunteers and staff learning how to give a baby a therapeutic massage





Keen on becoming a volunteer?

Please come through on **Monday 18th March at 18h00** for a **compulsory information session** and a tour of Heartlands.

Please look at <u>www.heartlandsbaby/volunteer</u> for all further information & requirements.

And doesn't God work in mysterious ways? We have been needing a bakkie for so very long, and suddenly, completely out of the blue, anonymous donors handed over the keys to us with this unbelievable gift. The only recognition the donors wanted was to have 'Donated by God' placed on the car. We are truly blessed!



And just like that, we are roof height in just 6 weeks (or less) - this is the new Therapy Wing & Indoor play area (generously sponsored by the Olivier Sieff Foundation), and surrounding it, will become the extended outdoor play area.



So here is the ask - PLEASE HELP US raise funds for all our much-needed operational costs, the extension wing for all our therapy sessions and equipment, plus the extension of our children's playground 3-fold. All you need to do is enter the biggest obstacle course in SA - The Virgin Active Conquer for a Cause, taking place this April.

Easy as that - just give us your name and pay for your ticket into the Heartlands account, and then lobby friends, family, and strangers to fundraise your challenge on behalf of Heartlands when we give you the GivenGain link. So go and get muddy and let our children get muddy in their new soon-to-be extended playground. Participation is for all ages and spectators are welcome at a small entry fee.











Conquer the Cause is

SA's largest obstacle course racing series

Be part of it and help raise money for Heartlands Baby Sanctuary

Conquer, get full of mud, challenge your fears, display courage, and leave no-one behind.

For more info - nikki@heartlandsbaby.org

Conquer for a Cause

Choose your category

R475

Rookie

•15 Awesome Obstacles
•in 5 km!
*INCL. 2 DELICIOUS WATER POINTS

Commando

R580
•22 Awesome Obstacles
•in 10 km!
*INCL. 4 DELICIOUS WATER POINTS

Black ops

R670
•30 Awesome Obstacles
•in 15 km!
*INCL. 6 DELICIOUS WATER POINTS

There is also a category for children 4 – 8 years, R130 for 1km obstacles. Spectators welcome R40.





6th April - Devonbosch

Raise funds for Heartlands either on your own or as part of a team

Heartlands will issue you with your unique code to fundraise on the Conquer for a Cause website, once payment has been received by Heartlands for your entry. — no later than 29th March

Please use CONQUER and your email address as the reference.



Banking Details

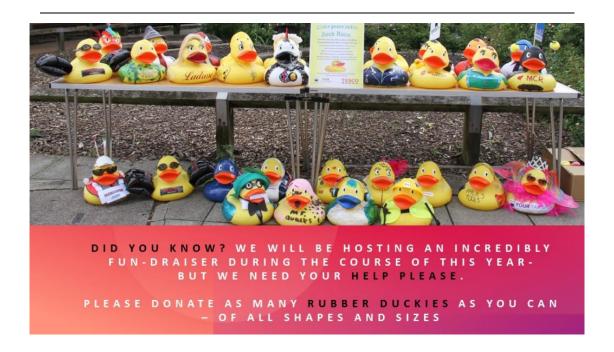
HEARTLANDS BABY SANCTUARY
NEDBANK – CURRENT ACOUNT
ACCOUNT # 123 609 6762
BRANCH CODE: 198765
Swift - NEDSZAJJ







And now onto something completely quacky



This year, 5* De Zalze Golf Course is allowing only 5 charities to hold golf days, and Heartlands has been selected - out of countless others – as one of the top 5! So book early - final prices and details will be sent out soon, just book your place in the meantime. Don't miss out on making this Playing it Forward - a day for a difference - fun and exciting shotgun golf day.



And in recognition of some of our ongoing donors and to every other donor who supports

Heartlands, we thank you!









Would you like to update your profile?

<u>Update your preferences or Unsubscribe</u>

Our mailing address is: info@heartlandsbabv.org

Copyright © [2024] [Heartlands Baby Sanctuary], All rights reserved.