

12th September 2023

Breaking records by braving the waves, golf and television

BREAKING NEWS: WORLD RECORD HOLDER- ROBBEN ISLAND SWIM: Being brave in the waves

World record holder, **Howard Warrington**, will be swimming his **160th Robben Island to Blouberg crossing** on **30 September**, to raise funds for Heartlands Baby Sanctuary. The sea temperature ranges from 10 to 14 degrees, and Howard only swims in a Speedo.

Lily the gorgeous dog, goes on all excursions and is the 'shark spotter'.

The swimmers have all been challenged to raise R5 000 each – how can you help?

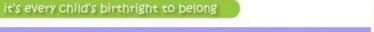
Please go to our donate page where you have the option to contribute via Payfast or through our ABSA or Nedbank accounts. https://www.heartlandsbaby.org/donate/ and put Robben Island in as a reference along with your email address please.

Robben Island #160



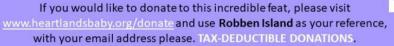


Friends Of Heartlands Baby Sanctuary



World record holder, Howard Warrington, will be swimming his 160th Robben Island to Blouberg crossing on 30 September, to raise funds for Heartlands Baby Sanctuary, based in Somerset West. The sea temperature ranges from 10 to 14 degrees, and Howard only swims in a Speedo.

Lily the gorgeous dog, goes on all excursions and is the 'shark spotter'.











For more info nikki@heartlandsbaby.org 021-852 3527

WHAT'S HAPPENING?

SEPTEMBER 13th : AGM: 15h00

Reminder: Please join us for our AGM and email Tarryn on <u>reception@heartlandsbaby.org</u> to book your space.

SEPTEMBER 30 th - time tbc

A fantastic fundraiser - World record-breaking attempt by Howard Warrington for his 160th swim from Robben Island to Blouberg. Thank you for choosing us Howard. He has also become a proud Ambassador to Heartlands.

OCTOBER 5TH: OPEN DAY AT HEARTLANDS: 08h30 - 16h00

Please visit us on our next **OPEN DAY**, when we **allow children under the age of 18 to go through the Sanctuary.** You will most certainly be amazed at the behind-the-scenes activity, including our sustainability projects.

You are **welcome any time from 08h30 – 16h00.**For any queries, pleasecontact Nikki on nikki@heartlandsbaby.org

OCTOBER 9th: VOLUNTEER INTAKE: 18h00

OCTOBER 21ST – 22 ND : Distance 4 Difference (D4D)



We are fortunately one of the beneficiaries of **Distance for Difference** – an organisation that challenges cyclists

to cycle as much as they can over a 24-hour period.

This is taking place at Waterstone Virgin Active.

Please email <u>distance4difference@gmail.com</u> for more information on this great initiative.

OCTOBER 27th: OUR HUGE ANNUAL FUNDRAISER - PLAYING IT FORWARD GOLF DAY

We have only **4 – 4x balls to fill** so please drop us a line on **golf@heartlandsbaby.org** to get in quick.

This awesome day is taking place on the 27 th October so don't miss out.



RECENT EVENTS:

MINIATURIST EVENT & ART GALLERIES – For exposure and to receive beautiful little knitted jerseys, we were selected to attend the Miniaturist's Exhibition as well as an Art Gallery function invited by Laeticia Booysen, a portrait photographer, whereby proceeds from the sale of the artwork were donated.

ROUND TABLE SOMERSET WEST: And who remembers the 80's? Well, that was the last time **Round Tabler's from around the world gathered in South Africa for their annual conference.** And guess what charity they chose to showcase? **Over 65 wonderful people doing wonderful work,** all crammed in our reception on arrival before a wonderful tour. **A huge thanks to Round Table Somerset West for your ongoing support.**



STAFF TRAINING - did you know that the entire Heartlands staff receive monthly training on a variety of subjects?

Here is a training session presented by **Adv. Natasha Wagiet who did legal training with the staff** regarding parental rights and responsibilities, guardianship, child maintenance and children's rights and responsibilities. Recently we had a black belt karate professional teaching us self-defence. Other

training has included the importance of having a will and life insurance policies, health and nutrition and so much more.





BENEFIT CONCERT: And in closing – we just don't know to how to **thank the organisers of the Don Vino SAXY VIBES and friends** who spent over a year planning this huge success of a show. The packed-out show of **1200 people attended the concert on the**

9th September, with Heartlands being chosen as the beneficiary. We are so sincerely grateful to EVERYONE involved. And thank you to Expresso for interviewing our CEO & Founder, Monica Buitendag, Don Vino and members of the committee about the concert.



Campaigning for:

a better, brighter tomorrow









Adopt a Duck R150 or more, monthly debit order in place, soil nutrition & pest control



Adopt a Tree

R150 or more, monthly debit
order in place for nutrition,
orchard maintenance & pest
control



Banking details

Heartlands Baby Sanctuary Nedbank Business Account 123 609 6762

Swift code: ABSA ZAJJ

Thank you for your support. You are welcome to donate via our website, however the Payfast fees eat into your donation, so please consider doing a direct deposit into this account with your email and reference as Adopt a Cot, Adopt a Tree, Adopt a Duck, or as an overall donation with your details, so that we may issue you with a S18a tax certificate. Thank you.





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